## THE TASTER MENU

GOOD COOKIN' FOR HEARTY LIVING!

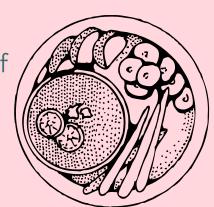
#### **STARTERS**

#### Things parents have on their plates

Price: £ Way too much

#### **MIXED PLATTER**

INCLUDES: Families in poverty with rising prices; scarcity of holiday and out of school provision; lack of accessible / inclusive activities and information; the narrow focus of EHCP; rigid services; stigma and prejudice experienced in the UK and abroad and discrimination faced by new migrants.



#### **MAIN COURSE**

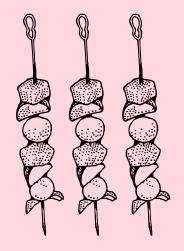
Some things parents feel would help

Price: £ Doesn't have to cost the earth!

### THE MEAT OF THE MATTER... value and support ALL

#### carers

Value family and carers time. That includes parents/guardians, care staff, community organisations and teaching staff. SEND parents are extremely busy and deserve better support and advocacy.



#### THE DISH THAT CATERS FOR ALL... inclusivity and

#### accessibility

Services should provide in-depth information of accessibility and inclusivity to ensure they are suitable. Asking the right questions means services can cater to the full range of conditions including learning disabilities, medical and physical needs as well as ASD. Less narrow EHCP goals, more focus on happiness, joy and meaningful occupations, not always employment and unrealistic milestones."

# THE TASTER MENU

COOKIN' GOOD FOR HEARTY LIVING!

**SIDE DISH:** "Disabled adults know SEND services - we understand the journey of a disabled child because we were them!"

### THE ONE POT MEAL...one point of access for information and services

Having resources and information accessible in one place. For example, a SEND hub for Lambeth; one professional acting as an EHCP advocate for each child.

#### **DESSERT RECIPE:** one to take home

How to make change happen (co-production and resources)

#### Step 1. Weighing up ingredients

Value family and carers time. Be open, be creative, listen to their ideas and act upon their suggestions.

#### Step 2. Break some eggs

Break the model... services should be adaptable to the needs of families and cater to the wide variety. They should not assume what families need but instead ask and adapt as necessary. Price: £ Priceless!





#### Step 3. Find the right tin

Maximise use of SEND schools, playgrounds and other sites out of term time and out of school hours. Re-adjust mainstream funding and infrastructure for a growing SEND population.





